

Additional Resources



Texas Child Care Solutions. Parent information and developmental screenings for your child, visit <http://texaschildcaresolutions.org/>



2-1-1 Texas/United Way. No matter where you live in Texas, you can dial 2-1-1, or (877) 541-7905, and find information about resources in your community. Whether you need parenting classes, help finding food or housing, child care, crisis counseling or substance abuse treatment, one number is all you need to know. Visit www.211texas.org or call 2-1-1.



Texas Department of Family and Protective Services/Child Care Licensing (DFPS). Regulates and inspects licensed and registered child care programs. They also provide parenting and health and safety resources. Visit www.dfps.state.tx.us/Child_Care or call 512-834-3426



Texas Head Start Association child development programs for Early Head Start (ages newborn-3years) and Head Start (ages 3-5years). Services are available at no cost to qualifying families. Visit www.txhsa.org to find locations in your area.



Texas Education Agency Pre-Kindergarten programs are offered in many school districts. Children must be at least three years of age and meet other eligibility criteria. Contact your neighborhood school for additional information visit <http://tea.texas.gov/ece/eligibility.aspx> or call 512-463-9581.



On-site after-school care is offered in many schools, for children in pre-kindergarten and older. Sometimes these programs offer scholarships or fees based on your household size and income—also known as sliding scale fees. Contact the school your child attends and ask if after-school care is offered



Temporary Assistance for Needy Families (TANF) provides financial help for children and their parents or relatives who are living with them. Monthly cash payments help pay for food, clothing, housing, utilities, furniture, transportation, telephone, laundry, household equipment, medical supplies not paid for by Medicaid and other basic needs. To apply, visit www.yourtexasbenefits.com or call 2-1-1.



The Lone Star Card Supplemental Nutrition Assistance Program (SNAP) helps people buy the food they need for good health. This program **is not** tied to the TANF program. It is considered a nutritional program. To apply, visit www.yourtexasbenefits.com or call 2-1-1.



The Women, Infants and Children Program (WIC) a nutrition program that helps pregnant women, new mothers, and young children (*under 5 years of age*) eat well, learn about nutrition, and stay healthy. For a WIC office near you, visit www.dshs.state.tx.us/wichd or call 1-800-942-3678.



Children's Health Insurance Program (CHIP). Low cost children's health insurance for children from birth to 18 years of age. To apply, visit <https://chipmedicaid.org> or call 2-1-1.



LowIncomeHousing.us

Nationwide Housing Search. Find affordable rentals & housing options for low income families and individuals. To learn more visit www.lowincomehousing.us



If you are a **college student**, check with Student Services to see if they have money to help pay for child care while you attend school.